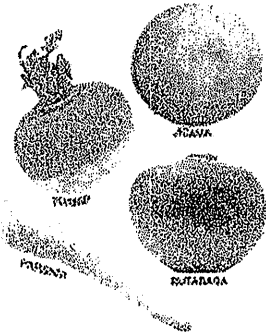


# Ballico-Cressey Elementary

## December 2011 BREAKFAST/LUNCH MENU

**Harvest  
of the  
Month.**

Network for a Healthy California



### ROOT VEGETABLES

Circle all vegetables on five answers.

- 1. How many are roots (carrots, turnips, parsnips)?
- 2. How many are tubers (potatoes, yams)?
- 3. Draw a star next to your favorite root or tuber.
- 4. What is your favorite way to eat root vegetables?

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Daily Breakfast Choices</u> *Assorted Cereal *Yogurt *Muffin *Wheat Bun Milk, Juice, Fruit, Crackers	<u>Daily Lunch Choices</u> Fruit/Salad Bar Condiments White and Chocolate Milk		1 *Daily Breakfast Choices  Chicken Tostada Beans	2 *Daily Breakfast Choices  French Bread Pizza
5 *Daily Breakfast Choices  Ham/Cheese Wraps	6 *Waffles  Beefy Nacho Supreme Beans	7 *Daily Breakfast Choices  Beefy Mac Bread Sticks	8  Crispy Chicken Sandwich	9 CHRISTMAS LUNCHEON Turkey/Gravy Mashed Potatoes Green Beans Mix Fruit Roll/Cookie
12 *Daily Breakfast Choices  Teriyaki Chicken Chow Mein Noodles	13 *Bagel/Cream Cheese  Hamburger Cheeseburger Baked Beans	14 *Daily Breakfast Choices  Chicken Noodle Cornbread	15 *Ham & Biscuit  Double Decker Tacos Rice	16 *Daily Breakfast Choices  Cheese Pizza
19  NO SCHOOL	20  NO SCHOOL	21  NO SCHOOL	22  NO SCHOOL	23  NO SCHOOL
26  NO SCHOOL	27  NO SCHOOL	28  NO SCHOOL	29  NO SCHOOL	30  NO SCHOOL

~This Institution is an equal opportunity provider~ ;  
Menu Subject to Change